

Minister Destiny Testimony Schools

Youth: Online Safety — Strangers, Grooming, Sexting, and Sextortion

Youth — Class Book · Month 2

Minister Destiny Marie Morgan
Minister & Founder

A Prayer Before You Begin

In the name of God, the Most Gracious, the Most Merciful.

Lord, bless this reader on their journey. Guard their health in body, mind, and spirit as they study. Open their heart to knowledge and their mind to understanding, and let what they learn here become light in their hands. Guide them to the places where they are needed — to help others, and to save lives, safely. Bless their steps, their work, and every life their learning will one day protect.

Amen.

— Minister Destiny Marie Morgan

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Minister Destiny Testimony Schools — Youth: Online Safety — Strangers, Grooming, Sexting, and Sextortion.

Published by Minister Destiny Marie Morgan, Minister & Founder.

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This book is not an emergency service and does not replace 911. In an emergency, call 911 (or your local emergency number) if you can do so safely. In a mental-health crisis, call or text 988 (U.S.).

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The lessons in this book are educational information, written in plain language. If you or someone you know is in danger, call 911. Help lines: 988 (call or text) · Crisis Text Line (text HOME to 741741) · Childhelp National Child Abuse Hotline 1-800-422-4453.

How This Book Works

This book is one class of Minister Destiny Testimony Schools — Youth: Month 2 — Online Safety — Strangers, Grooming, Sexting, and Sextortion. It is the study book for this class's test. Everything the test asks is taught in this book, in plain language: the full lesson, Words to know, the stories to think through, the Try-this activity, and Resources to keep.

Minister Destiny Testimony Schools is a free school. The classes, the tests, and the certificates are free online at destinymorganbooks.com — nothing about this class costs money. This book is the print edition, for people who want the class in their hands. You never need to buy a book to take a class or a test.

How to use this book: read the lesson, learn the Words to know, think through the stories, and do the activity. Try the word search for fun. Then take the Chapter Test at the back of the lesson — printed without answers marked. Score 80% or higher to complete the class and earn its certificate (the certificate page is in this book; write your name on it after you pass). The Answer Key is at the back of the book, for parents, teachers, and self-checking after you finish. Go at your own pace.

Contents

A Prayer Before You Begin	2
Copyright	3
How This Book Works	4
Contents	5
Before You Start	6
Month 2 — Online Safety — Strangers, Grooming, Sexting, and Sextortion	7
My Agenda — Class Tracker	20
Resources to Keep	22
Answer Key	23
Sources & Credits	24
About the Author	25

Before You Start

Before you start

- **This space is private.** Nobody sees what you read or how you answer. Your progress stays on your own device.
- **We never ask your name.** Not here, not on the test, not on the certificate. If you earn a certificate, you download it first and write your own name on it after.
- **Pass the month test at 80% or higher to earn this month's certificate.** You can retake the test as many times as you need. Answers are not shown — the point is to go back, find what you missed in the lesson, and learn it for real.
- **If you are in danger right now:** call **911**. If you cannot talk out loud, text **HOME** to **741741** (Crisis Text Line) or call or text **988** any time, day or night.

Month 2 — Online Safety — Strangers, Grooming, Sexting, and Sextortion

Minister Destiny Testimony Schools — Youth

The lesson

1. Why online safety needs its own plan

Online, people are not always who they say they are. An adult who wants to get close to a kid will almost never start with anything that looks dangerous. It starts friendly. This month is about seeing the pattern early — because once you can name it, it loses its power over you. A profile photo, an age in a bio, and a kind voice prove nothing. Anyone can copy a photo, lie about their age, and learn what kids like in order to sound like a friend.

You do not need to be afraid of the internet to be safe on it. You need habits, clear rules for photos and private information, and the same trusted-adult map you built in Month 1, used quickly when something feels off.

2. Grooming — the pattern, step by step

Grooming is when an adult (or sometimes an older teen) slowly builds a kid's trust in order to use them. It usually looks like this. First, the friendly stranger: someone messages you — from a game, a group chat, social media, anywhere — and they seem to like everything you like. Second, the fast friendship: lots of attention, compliments, gifts such as game currency, skins, or money, and lines like "you're not like other kids, you're mature." Third, the secrets: "This is just between us." They ask you to move to a more private app, delete messages, or not tell adults. Fourth, the turn: they ask for photos, or send you photos, or push sexual talk, or ask to meet. If you sent anything, they may use it to threaten you: "Send more or I'll show everyone." That threat is a crime they are committing — it is called sextortion — and the blame is on them, never on you.

Any step of this pattern is a red flag — you do not have to wait for step four. A real friend never needs you to hide them from every adult in your life. If someone gets upset when you want to keep a parent, counselor, or trusted adult in the loop, that reaction tells you what you need to know.

3. The photo rule — this one matters most

Once a photo leaves your phone, you do not control it. It can be saved, copied, and shared in seconds, even from apps that say photos disappear. So never send a photo of your body to anyone. Not to someone you know, not to someone who sent one first, not under pressure, not as a joke. If someone asks, that request itself is the red flag. Stop, block, tell a trusted adult.

The same care applies to dating partners and friends your age. A photo shared in trust can be forwarded after an argument, saved without you knowing, or used to pressure you

later. The safest rule has no exceptions for "but this person is different." If you already sent something, hear this clearly: you are not ruined and you are not in trouble in this school's eyes. Tell a trusted adult quickly. If the person threatens you, that is sextortion — a crime against you. Adults and police deal with this constantly, and reporting early is how images get taken down and threats get stopped. The shame belongs to the person who asked and threatened — not to you.

4. Everyday online safety habits

Small habits, used every day, block most problems before they start. Keep profiles private and only accept people you actually know in real life. Turn off location sharing in apps and in photos, and do not post where you will be. Treat personal details as private: full name, school, address, and your daily routine are not information strangers need. Use the screenshot rule — if you would not want it on a screen in the school cafeteria, do not send it. Keep your passwords to yourself; nobody legitimate, not a game company and not a friend, will ask for your password. Never meet an online-only person in person. If you ever feel you must, that is exactly the moment to tell a trusted adult first. No exceptions is the safe rule.

Also slow down before you click, download, or scan anything a stranger sends. Links and files can be used to steal accounts or track your device. If a "friend" suddenly asks for money, gift cards, or account codes, stop and check with an adult, even if the account looks familiar — accounts get hacked and copied.

5. If it already happened — the exact steps

If someone is pressuring or threatening you now, follow these steps in order. First, stop replying. Do not negotiate, do not send anything else, and do not pay anything. Second, save the evidence — screenshots of the threats and the account names — then block and report the account in the app. Third, tell a trusted adult today, using your map from Month 1. Fourth, adults can report to the CyberTipline and to police, and there is a free service called Take It Down that helps get images of minors removed from the internet. Fifth, breathe. This happens to a lot of kids. The person counting on you staying silent is the predator. Telling is how you beat them.

What NOT to do matters just as much. Do not delete everything in a panic before you have saved evidence, because the account names and threats are what helpers need. Do not try to handle the threats alone or bargain for more time. Do not blame yourself and go quiet — silence is what the person threatening you is counting on.

6. What to expect after you tell

Many kids worry that telling means losing their phone forever, getting in big trouble, or having everyone find out. Adults handle this in different ways, and some of those worries are understandable. What you can expect from the right helpers is this: a trusted adult listens, helps you block and report, and connects you to the CyberTipline or police if threats or images are involved. Counselors and hotline staff have heard this before and

will not be shocked. The goal of telling is to stop the other person and protect you — not to punish you for being targeted. If the first adult reacts badly, go to the next person on your map, or call or text a help line yourself. Keep going until you reach someone who acts.

Words to know — Month 2

- **Grooming** — when someone slowly builds a child's trust in order to use or harm them.
- **Sextortion** — threatening to share someone's private images unless they send more images or money; a crime committed by the person threatening.
- **Predator** — a person who targets children to harm or use them.
- **Block / report** — app tools that cut off contact and alert the platform about an account.
- **Digital footprint** — everything you post, send, and share online, which can be copied even after you delete it.
- **CyberTipline** — the national reporting system for online exploitation of children, run by the National Center for Missing & Exploited Children.
- **Private account** — an account setting where only people you approve can see your posts and contact you.

Myths vs facts — Month 2

- **Myth:** If an app says photos disappear, sending a photo there is safe. **Fact:** Disappearing photos can be screenshotted, recorded with another phone, or saved in seconds. Once a photo leaves your phone, you do not control it.
- **Myth:** Grooming only happens with strangers who act creepy right away. **Fact:** Grooming usually starts friendly and normal, with compliments, gifts, and fast friendship. The secrecy and the push to move to a private app are the warning signs.
- **Myth:** If you sent a photo, it is your fault and you should hide it. **Fact:** The fault belongs to the person who asked for, pressured for, or threatened over the image. Telling a trusted adult early is how threats are stopped and images are taken down.
- **Myth:** Meeting an online friend in a public place makes it safe. **Fact:** There is no safe version of secretly meeting an online-only person. The safe rule is do not meet, and tell a trusted adult that they asked.

What would you do? — Month 2

The situation: In your favorite game, a player called "Storm" has been on your team for two weeks. Storm says she's 15, sends you game gifts, and tells you you're her best friend. Tonight Storm asks you to switch to a different chat app "so the team can't spy on us," and asks what school you go to.

Walk it through:

1. Name the pattern. Fast friendship, gifts, moving to a private app, asking for personal details like your school, and secrecy from others — that is steps one through three of grooming, in order.
2. Remember you do not have to accuse anyone. You do not owe Storm an explanation or a goodbye speech. Your safety does not need their permission.
3. Stop and block. Do not answer the school question. Block the account on the game and anywhere else you are connected.
4. Tell a trusted adult. Show them the messages. This is exactly what your trusted-adult map is for.
5. Notice the feeling. It can feel sad or embarrassing — Storm felt like a friend. That feeling is what the pattern is designed to create. Losing a "friend" who was never safe is a win, not a loss.

One more real-life story — Month 2

Maya, 14, got a message from someone who said he was 16 and went to a school nearby. He was funny, he remembered details about her day, and after a week he asked her to send a photo "just for him" and promised he would delete it. Maya felt uneasy but also flattered, and she sent a photo she would never have wanted anyone else to see.

The next day his tone changed. He said if she did not send another photo, he would send the first one to people at her school. Maya's stomach dropped. She wanted to delete the whole conversation and pretend it never happened. Instead, she remembered three things from this lesson: do not send anything else, save the evidence, and tell today. With shaking hands she took screenshots of the threats and his username, blocked him, and told her older sister, who sat with her while they told their mom.

Her mom contacted the school counselor and they reported together to the CyberTipline. They also used Take It Down to help stop the image from spreading. The threats stopped after the report. Maya still wishes she had not sent the first photo, but she is clear about the most important part: the crime was his threats, not her mistake, and telling on the very first day of threats is what protected her. Waiting and sending more, which is what he wanted, would only have given him more to threaten her with.

Try this — Month 2

Do a 10-minute privacy check on every app you use. For each app, check four things: Is my account set to private? Is location sharing off? Do I only follow and accept people I know in real life? Would I be okay if anything I posted this week appeared on a screen at school? Fix anything that fails the check. Then save two things in your phone where you can find them fast: the CyberTipline and Take It Down names from the Resources section, and the name of your number one trusted adult. Finally, practice your exit line for

pressure — a short sentence you can copy and send, like "I'm not sending photos. I'm blocking this now and telling an adult." Having the words ready makes a pressured moment much easier.

Resources to keep — Month 2

- **911** — call if you are in danger right now or someone threatens to come to you in person.
- **988 (call/text)** — call or text 988 any time for support during a crisis or frightening situation.
- **Crisis Text Line** — text **HOME to 741741** if you would rather type than talk.
- **CyberTipline** — **report.cybertip.org / 1-800-843-5678** — report online exploitation, grooming, or threats to share images.
- **Take It Down** — **takeitdown.ncmec.org** — free help to remove or stop the spread of images of minors online.
- **Childhelp** — **1-800-422-4453** — help if an adult, online or in person, is hurting or pressuring you.

What you earned / what's next — Month 2

Month 2 complete (test score 80% or higher): You can spot the grooming pattern step by step, you know the photo rule and why it matters, you have strong everyday online habits, and you know the exact steps to take if someone pressures or threatens you online — including that the blame is never yours.

What's next: Month 3 — Bullying and Cyberbullying — What to Do, How to Help a Friend. Next month you learn what to do when cruelty comes from people you actually know, and how to stand up for a friend without making things worse.

Word Search — Month 2

Find the words from this class's Words to know. Words run across, down, or diagonally.

W	V	K	L	P	R	W	X	C	T	B	Y	W
C	B	L	O	C	K	R	E	P	O	R	T	O
Y	G	A	O	A	D	J	Q	G	X	A	B	P
B	W	M	B	O	G	O	X	R	M	U	H	I
E	K	F	Z	I	X	W	V	O	G	D	U	G
R	J	U	C	D	R	I	J	O	X	P	Q	G
T	G	C	A	X	F	R	H	M	H	R	V	T
I	I	W	A	G	O	T	M	I	X	E	T	H
P	T	S	W	F	X	M	P	N	Q	D	A	Z
L	R	A	N	J	Q	C	Q	G	H	A	K	N
I	D	Z	M	V	C	N	Z	X	C	T	P	P
N	H	S	E	X	T	O	R	T	I	O	N	L
E	A	W	X	D	J	A	K	P	Q	R	U	U

Words to find: Grooming · Sextortion · Predator · Blockreport · Cybertipline

Words to Remember — Say It in Your Own Words

Cover the Words to know page. For each word from this class, write what it means in your own words, the way you would explain it to a friend. Then check yourself against the lesson.

Grooming

Sextortion

Predator

Block / report

Digital footprint

CyberTipline

Private account

Check Yourself — Practice Questions

These are practice questions, not the test. Write your answers in your own words. Everything you need is in this book's lesson.

1. Explain in your own words what “Grooming” means, and give one example from real life.

2. Explain in your own words what “Sextortion” means, and give one example from real life.

3. Explain in your own words what “Predator” means, and give one example from real life.

4. Explain in your own words what “Block / report” means, and give one example from real life.

5. The lesson has a part called “The lesson.” Write the most important thing it teaches, in your own words.

6. The lesson has a part called “Myths vs facts — Month 2.” Write the most important thing it teaches, in your own words.

7. The lesson has a part called “What would you do? — Month 2.” Write the most important thing it teaches, in your own words.

8. Think about the stories in this class. Pick one, and write what you would do — and why.

Think and Write — My Reflection

Writing helps the lesson stay with you. Answer honestly — this page is yours alone.

1. What is the most important thing you learned in Month 2?

2. Which part of this class connects to your own life? How?

3. What is one thing you will do differently because of this class?

4. What would you tell a friend who needs this class?

Chapter Test — Month 2

Answer every question. Score 80% or higher to complete this class and earn its certificate. The answers are in the Answer Key at the back of this book — for parents, teachers, and self-checking after you finish.

1. What is "grooming"?

- A. Getting ready for school in the morning
- B. When someone slowly builds a child's trust in order to use or harm them
- C. A stranger sending one rude message
- D. Making friends in an online game

2. Which of these is an early red flag of grooming?

- A. Someone your age from school adds you
- B. A teammate says "good game"
- C. Someone gives you lots of gifts and compliments and asks you to keep the friendship secret from adults
- D. A friend you've known for years messages you

3. Why is sending a photo of your body always unsafe, even on an app where photos "disappear"?

- A. Because photos can be screenshotted, saved, and shared in seconds — once it leaves your phone you don't control it
- B. Because phones sometimes break
- C. Because the app might charge you money
- D. It is actually safe if the app says it disappears

4. Someone you sent a photo to threatens to share it unless you send more. This is called:

- A. A prank
- B. Drama
- C. Sextortion — a crime committed by the person threatening you
- D. Your fault for sending it

5. If someone is threatening you over a photo, what is the FIRST thing to do?

- A. Send what they ask so they calm down
- B. Pay them if they ask for money
- C. Keep it secret so you don't get in trouble
- D. Stop replying, save the threats as evidence, block and report, and tell a trusted adult today

6. An online player you like asks what school you go to and wants to move to a more private app "so nobody can spy on us." What should you do?

- A. Answer — they've been nice for weeks
- B. Stop, don't share personal details, block if the pressure continues, and tell a trusted adult
- C. Give a fake school to be safe
- D. Move apps but don't answer questions

7. Which of these is a smart everyday online habit?

- A. Share your location so friends can find you
- B. Accept friend requests from anyone with a nice profile photo
- C. Keep accounts private and only accept people you actually know in real life
- D. Use the same password everywhere so you don't forget it

8. A person you only know online says "let's meet up, just us, don't tell your parents." The safe rule is:

- A. Meet in a public place alone
- B. Bring a friend your age and go
- C. Never meet an online-only person — and tell a trusted adult they asked
- D. Meet if they've video-chatted with you before

9. True or false: if you already sent a photo and someone is using it against you, you've ruined everything and should stay silent.

- A. True — nothing can be done
- B. False — telling a trusted adult early is how images get taken down and threats get stopped; services like Take It Down and the CyberTipline exist for exactly this
- C. True — adults can't help with the internet
- D. False, but only if you sent it less than a day ago

Certificate — Month 2

Minister Destiny Testimony Schools

Certificate of Completion — Month 2: Online Safety — Strangers, Grooming, Sexting, and Sextortion

This certifies that

Name (write your name here)

has completed

Minister Destiny Testimony Schools — Youth

Month 2: Online Safety — Strangers, Grooming, Sexting, and Sextortion

Date completed: _____

Presented by **Minister Destiny Marie Morgan**, Minister & Founder

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Minister Destiny Testimony Schools — Youth

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My Agenda — Class Tracker

Everything in this agenda is yours to write in. It stays in your book — nothing is collected.

Step	Done	Date	Score	Grade
Week 1 — Study the lesson				
Week 2 — Study + Words to know				
Week 3 — Stories + Try-this activity				
Week 4 — Chapter test (pass at 80% or higher)				

Letter grades: A 90–100 · B 80–89 · C 70–79 · D 60–69 · F below 60.

My goals for this class

Write the goals you are working toward in this class — and for yourself.

My Weekly Planner

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday

Notes

Resources to Keep

This class's resources, in one place. Keep this page.

- 911 — call if you are in danger right now or someone threatens to come to you in person.
- 988 (call/text) — call or text 988 any time for support during a crisis or frightening situation.
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- Take It Down — takeitdown.ncmec.org — free help to remove or stop the spread of images of minors online.
- Childhelp — 1-800-422-4453 — help if an adult, online or in person, is hurting or pressuring you.

Answer Key

For parents, teachers, and self-checking after you finish the chapter test.

Month 2 Test — Online Safety — Strangers, Grooming, Sexting, and Sextortion

1. When someone slowly builds a child's trust in order to use or harm them
2. Someone gives you lots of gifts and compliments and asks you to keep the friendship secret from adults
3. Because photos can be screenshotted, saved, and shared in seconds — once it leaves your phone you don't control it
4. Sextortion — a crime committed by the person threatening you
5. Stop replying, save the threats as evidence, block and report, and tell a trusted adult today
6. Stop, don't share personal details, block if the pressure continues, and tell a trusted adult
7. Keep accounts private and only accept people you actually know in real life
8. Never meet an online-only person — and tell a trusted adult they asked
9. False — telling a trusted adult early is how images get taken down and threats get stopped; services like Take It Down and the CyberTipline exist for exactly this

Sources & Credits

The lessons in this book were written for Minister Destiny Testimony Schools from public sources — official websites, public health and safety organizations, help lines, and the law itself. The sources each chapter was built from, and the help resources it points you to, are listed under that chapter's name, with credit, so you can check anything in this book and keep learning. Court opinions and laws are public documents that belong to everyone. Everything here is retold in the school's own plain words — nothing in this book is copied from anyone else's book.

Month 2 — Online Safety — Strangers, Grooming, Sexting, and Sextortion

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- Childhelp — 1-800-422-4453 — help if an adult, online or in person, is hurting or pressuring you.
- If you are in danger right now: call 911. If you cannot talk out loud, text HOME to 741741 (Crisis Text Line) or call or text 988 any time, day or night.
- Help lines: 988 (call/text) · Crisis Text Line (text HOME to 741741) · Childhelp 1-800-422-4453.

The school itself is free: every class in this book, with its test and certificate, is free online at destinymorganbooks.com.

About the Author

Minister Destiny Marie Morgan is an ordained Muslim minister. She was ordained on May 15, 2025, through the Universal Life Church, and she is registered clergy in Massachusetts.

Her ministry is advocacy — standing up to injustice and helping people, locally and internationally.

She is the founder of Minister Destiny Testimony Schools, a free school. She built it so people can learn for free what cost her years to learn — people who may not have jobs, good credit, or loans, and who deserve real knowledge anyway. Every class is free online, for every age, with no sign-up and nothing collected.

She is also the author of two testimony series — Chronicles of Destiny Morgan and The Chronicle Trials — her own story, in her own words. Those books are her testimony; these school books are her teaching.

Follow her Amazon Author Page to find every new book as it comes out.

The school is free online at destinymorganbooks.com.

Contact: ministerdestinymariemorgan@gmail.com

From Minister Destiny

You finished this book — but the learning does not stop here. Keep your resources close, keep asking questions, and use what you now know to help the people around you. If this book helped you, pass it to someone who needs it. I built this school for you, and I am proud of you for showing up for yourself. — Minister Destiny Marie Morgan

Minister Destiny Testimony Schools — Youth

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